

The Season of LENT

2021

Ash Wednesday, February 17 - Holy Thursday, April 1, 2021

Our Lady of the Sacred Heart & Sts. Peter & Paul, Reading, Ohio

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. In addition, the giving of alms is one way to share God's gifts – not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ." -- Pope Francis

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Rite of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

On these pages, you will find a variety of suggestions and resources to help you "raise up," "sacrifice," and "offer" during this Lent and to embrace your baptismal commitment. *From usccb.org*

FAITH FORMATION *for the good of the mind*

READING MATERIALS AVAILABLE IN THE BOOK RACKS AT BOTH PARISHES

Children 12 & Under: "Little Purple Book" daily devotions

For All:

- ◆ "The Word Among Us" and "Little Black Book" daily devotions.
- ◆ "Finding Christ in the Crisis: What the Pandemic Can Teach Us" by Fr. Harrison Ayre and Michael R. Heinlein, with *Love Divine* Music CD
- ◆ *BEST LENT EVER* journeys through Matthew Kelly's latest book, *I Heard God Laugh: A Practical Guide to Life's Essential Daily Habit*. Go to www.dynamiccatholic.com/lent/best-lent-ever.html to sign up for a daily email and short video.
- ◆ Check out the many audio and video resources on FORMED.ORG. New sign in instructions are in the bulletin and on our websites. Of special interest is "The Search" which Fr. Matt will feature in the bulletin during Lent. You may use this link to view the trailer for this excellent series: <https://watch.formed.org/the-search/videos/the-search-trailer>

PRAYER *for the good of the soul*

ALL SERVICES WILL BE LIVE STREAMED

SUNDAY, THE LORD'S DAY

STS. PETER AND PAUL
3:00 PM (SATURDAY), 10:30 AM (SUNDAY)

OUR LADY OF THE SACRED HEART
5:00 PM (SATURDAY), 8:30 AM (SUNDAY)

MONDAY THROUGH SATURDAY

OUR LADY OF THE SACRED HEART

DAILY MASS
8:30 AM MONDAYS & WEDNESDAYS &
6:00 PM THURSDAYS

STS. PETER AND PAUL

DAILY MASS
8:30 AM TUESDAYS & SATURDAYS
12:00 NOON FRIDAYS

FIRST FRIDAY DEVOTION TO THE SACRED HEART AT OUR LADY OF THE SACRED HEART- WITH STATIONS OF THE CROSS,
MASS, ADORATION OF THE BLESSED SACRAMENT, SACRAMENT OF RECONCILIATION & BENEDICTION
FRIDAY, MARCH 5 BEGINNING AT 6:30 PM

EXPOSITION AND HOLY HOUR AT STS. PETER AND PAUL
WEDNESDAY, MARCH 17 ~ 6:30 PM

ASH WEDNESDAY, FEBRUARY 17

OUR LADY OF THE SACRED HEART MASS 8:30 AM

STS. PETER AND PAUL MASS 7:00 PM

STATIONS OF THE CROSS

STS. PETER AND PAUL
FEBRUARY 26, MARCH 12, AND MARCH 26
7:00PM

OUR LADY OF THE SACRED HEART
FEBRUARY 19 ~ 7:00 PM
MARCH 5 AFTER 6:30PM FIRST FRIDAY MASS
MARCH 19 ~ 7:00 PM

SACRAMENT OF PENANCE

STS. PETER AND PAUL
9:00AM SATURDAYS
FEBRUARY 22, 5-7 PM
MARCH 12 AND MARCH 26, 12:30 -1:30 PM
MARCH 22, 6-8 PM
OR CALL FOR AN APPOINTMENT

OUR LADY OF THE SACRED HEART
6:30PM THURSDAYS & AFTER
FIRST FRIDAY MASS ON MARCH 5
MARCH 8, 5-7 PM
OR CALL FOR AN APPOINTMENT

EVENING PRAYER AND ORGAN MEDITATIONS ON THE PASSION

PALM SUNDAY, MARCH 28

6:00 PM

STS. PETER AND PAUL

“Praying the Passion: Palm Sunday Evening Prayer and
Organ Meditation on the Passion”

DAILY LENTEN SCRIPTURE READINGS

ASH WEDNESDAY, FEB 17

Joel 2:12-18 ♦ 2 Corinthians 5:20-6:2 ♦ Matthew 6:1-6, 16-18

FIRST SUNDAY OF LENT, FEBRUARY 21
Genesis 9:8-15 ♦ 1 Peter 3:18-22 ♦
Mark 1:12-15

Monday, February 22

1 Peter:5:1-4 ♦ Matthew 16:13-19

Tuesday, February 23

Isaiah 55:10-11 ♦ Matthew 6:7-15

Wednesday, February 24

Jonah 3:1-10 ♦ Luke 11:29-32

Thursday, February 25

Esther 12, 14-16, ♦ 23-25 Matthew 7:7-12

Friday, February 26

Ezekiel 18:21-28 ♦ Matthew 5:20-26

Saturday, February 27

Deuteronomy 26:16-19 ♦ Matthew 5:43-48

Thursday, Feb 18

Deuteronomy 30:15-20
Luke 9:22-25

SECOND SUNDAY OF LENT FEBRUARY 28
Genesis 22:1-2, 9a, 10-13, 15-18 ♦
Romans 8:31b-34 ♦ Mark 9:2-10

Monday, March 1

Daniel 9:4b-10 ♦ Luke 6:36-38

Tuesday, March 2

Isaiah 1:10, 16-20 ♦ Matthew 23:1-12

Wednesday, March 3

Jeremiah 18:18-20 ♦ Matthew 20:17-28

Thursday, March 4

Jeremiah 17:5-10 ♦ Luke 16:19-31

Friday, March 5

Genesis 37:3-4, 12-13a, 17b-28 ♦
Matthew 21:33-43, 45-46

Saturday, March 6

Micah 7:14-15, 18-20 ♦ Luke 15:1-3, 11-32

Friday, Feb 19

Isaiah 58:1-9a
Matthew 9:14-15

THIRD SUNDAY OF LENT, MARCH 7
Exodus 20:1-17 ♦ 1 Corinthians
1:22-25 ♦ John 2:13-25

Monday, March 8

2 Kings 5:1-15b ♦ Luke 4:24-30

Tuesday, March 9

Daniel 3:25, 34-4 ♦ Matthew 1:18-21-35

Wednesday, March 10

Deuteronomy 4:1, 5-9 ♦ Matthew 5:17-19

Thursday, March 11

Jeremiah 7:23-28 ♦ Luke 11:14-23

Friday, March 12

Hosea 14:2-10 ♦ Mark 12:28-34

Saturday, March 13

Hosea 6:1-6 ♦ Luke 18:9-14

FOURTH (LAETARE) SUNDAY OF LENT,
MARCH 14

2 Chronicles 36:14-16, 19-23 ♦
Ephesians 2:4-10 ♦ John 3:14-21

Monday, March 15

Isaiah 65: 17-21 ♦ John 4:43-54

Tuesday, March 16

Ezekiel 47:1-9, 12 ♦ John 5:1-16

Wednesday, March 17

Isaiah 49:8-15 ♦ John 5:17-30

Thursday, March 18

Exodus 32:7-14 ♦ John 5:31-47

Friday, March 18

2 Samuel 7:4-5a, 12-14a ♦ Romans 4:13, 16-18, 22 ♦
Matthew 1:16, 18-21, 24a

Saturday, March 20

Jeremiah 11:18-20 ♦ John 7:40-53

FIFTH SUNDAY OF LENT, MARCH 21

Jeremiah 31:31-34 ♦ Hebrews 5:7-9 ♦
John 12:20-33

Monday, March 22

Daniel 13:1-9,15-17, 19-30, 33-62 ♦
John 8:1-11

Tuesday, March 23

Numbers 21:4-9 ♦ John 8:21-30

Wednesday, March 24

Daniel 3:14-20, 91-92, 95 ♦ John 8:31-42

Thursday, March 25

Isaiah 7:10-14; 8:10 ♦ Hebrews 10:4-10 ♦
Luke 1:26-38

Friday, March 26

Jeremiah 20:10-13 ♦ John 10:31-42

Saturday, March 27

Ezekiel 37:21-28 ♦ John 11:45-56

PALM SUNDAY OF THE LORD'S PASSION,
MARCH 28

(Blessing of Palms) Mark 11:1-10 ♦
(Mass) Isaiah 50:4-7 ♦ Philippians
2:6-11 ♦ Mark 14:1—15:47

Monday of Holy Week, March 29

Isaiah 42:1-7 ♦ John 12:1-11

Tuesday of Holy Week, March 30

Isaiah 49:1-6 ♦ John 13:21-33, 36-38

Wednesday of Holy Week, March 31

Isaiah 50:4-9a ♦ Matthew 26:14-25

THE PASCHAL TRIDUUM

Holy Thursday, April 1

OUR LADY OF THE SACRED HEART

8:30 AM Rosary & Morning Prayer (Lauds)

STS. PETER AND PAUL

7:00 PM – **Evening Mass of the Lord's Supper**
Adoration of the Blessed Sacrament continues in the Chapel of
Our Lady (Notre Dame Hall, Parish Office) throughout the night.

Good Friday, April 2

8:30 AM Morning Prayer & Rosary, End Of Adoration,
Chapel of Our Lady – STS. PETER AND PAUL

7:00 PM—Celebration of the Lord's Passion—
OUR LADY OF THE SACRED HEART

12:00 PM – Prayers, Divine Mercy Chaplet—STS. PETER & PAUL
Followed by Stations of the Cross—Sts. PETER & PAUL

1:00 PM – Celebration of the Lords Passion—STS. PETER & PAUL

Holy Saturday, April 3

8:30 AM – Morning Prayer (Lauds) at Sts. Peter and Paul
8:45 PM – The Easter Vigil at Our Lady of the Sacred Heart

Easter Sunday, April 4

OUR LADY OF THE SACRED HEART

8:30AM

STS. PETER AND PAUL

10:30AM

FASTING *for the good of the body*

Ash Wednesday is a day of fast (no more than one full plus two small meals (that don't equal one) and nothing between meals) for those aged 18-59. **Ash Wednesday and all Fridays of Lent are also days of abstinence from meat**, for those aged 14 and over.

Optional fasting and abstinence - Where possible, everyone is encouraged to choose another day during the week to fast and/or abstain from meat. Ideally, the Lenten regulations of fasting and abstinence are *minimum times and not the only times* to exercise these disciplines.

ALMSGIVING *for the good of our neighbor*

OUR 2021 REGIONAL LENTEN PROJECT: Each weekend during Lent you are asked to contribute items requested by area charities. At OLSH, the items may be brought to the Marian Room kitchen. At SSPP, boxes will be under the steps at the back of church. Listed below is the schedule. Please help by sharing your blessings with those less fortunate.

Please do not donate food that is within 3 months of the expiration date or that has been opened.

- Feb 20/21 **Mercy Neighborhood Ministries** – to help the elderly poor in Walnut Hills. Small laundry baskets, small laundry soap powder; cleanser; dishwashing liquid; spray cleaners; sponges/wipes/dust cloths; Febreze type spray/room deodorizer paper towels, Kleenex, toilet paper.
- Feb 27/28 **Tender Mercies** – A place of safe housing and community for the homeless mentally ill. Hand Lotion; mouthwash; disinfectant wipes; paper towels; plastic forks and spoons in bulk; bottled water; prewrapped plastic spoons, forks, knives; Styrofoam To-Go containers to pack meals; laundry detergent/pods; dish soap; Hand sanitizer; cleaning products; Tupperware containers; new dish towels and cloths.
- March 6/7 **Bethany House** – empowering homeless and at-risk families with housing stability and supporting long term self-sufficiency. Individual snacks for our kids programs such as small boxes of raisins, granola bars, Capri Sun or High C juice boxes, applesauce cups, fruit cups, individual small bags of chips, pretzels, etc.; Cleaning supplies, Laundry detergent; dish soap; toilet paper.
- March 13/14 **St Vincent DePaul** – A local organization that maintains the front line of emergency aid for our neighbors in need. Donations will go to the Pastoral Region SVdP at SSPP to assist those in our region. Peanut butter, jelly; spaghetti sauce with meat; spaghetti/pasta; can chicken; 20 oz beef stew; chili without beans; cash/gift cards for perishables such as eggs, milk and bread.
- March 20/21 **St Francis Seraph and St Joseph Inner-city Schools** – Basic School supplies (copy paper [color or white], pocket folders, crayons, Markers). Dry erase markers, sharpies, small pencil sharpeners, mechanical pencils, 1/2" or 1" binders. Electric pencil sharpeners for different sized pencils.
- March 27/28 **Elizabeth New Life Center** – provide counseling and aid to pregnant women. A small layette is given to each woman after her ultrasound. Needed for layettes are onesies (3 months); receiving blankets; small toys (pacifiers, teething); small baby books; socks; wash cloths/burp cloths. Women attend classes to earn Baby Bucks. They can then choose from the boutique. Needed are diapers, sizes 3,4, 5 & 6 and Pull Ups; baby wipes; or clothing (3-24 months). These items are all needed.

For those who prefer, a cash donation may be made any weekend. Place your donation in an envelope marked "Lenten Project" and place in the collection basket.

Thank you for your generosity. Questions? Call Janet at 733-4344 or Beth at 484-1570