

Sts. Peter & Paul Catholic Church
Network of Care

Ministry Lead: Roselyn Lindeman

Annual Summary 2016

Provided courtesy of ERH Parish Health Ministry



Parish Health Ministry

A Service of Episcopal Retirement Services

Report Of Activities

Congregation: Sts. Peter & Paul Catholic Church

Cincinnati

Year: 2016 Lead Person: Roselyn Lindeman

1. Success stories/Positive outcomes (no names please):

- 3/1/2016 The Network of Care made visits to those parishioners who are homebound or in care facilities for Easter. Eucharist was brought along with flowers, prayers and Easter cards made by students of Sts. Peter & Paul Academy. All those visited were so grateful to be remembered. One lady called the parish and was in tears with gratitude. She said, "I can't thank you enough for the visit, bringing Communion meant so much to me and the flower was beautiful and brightened up my room!"
- 4/1/2016 During the Lenten Season the Network of Care collected desperately needed personal care items for Interfaith Hospitality Network (IHN) from the parishioners. The people were so generous! A total of 338 large gift bags of full size personal items were donated. There were 138 women's bags, 48 men's bags, 120 adult bags, 36 children's bags plus over 150 extra bars of soap, extra lotions, toothbrushes, toothpaste, etc. Just too many to mention. The Executive Director of IHN, commented, "Your donation directly benefits families with nowhere else to turn. Your gift was truly above and beyond! Many parents and children in need will be touched by your generosity." The Shelter Operations Coordinator said, "One of our biggest needs is toiletries, something that is often overlooked in the whole process, so to provide our families with this basic necessity is HUGE!" A mother of an IHN family stated, "We appreciate the toiletries that you all donated, things we don't have at the moment, THANK YOU!"
- 10/1/2016 An elderly couple was beginning to have problems staying in their own home. The wife's dementia was getting worse, and the husband was having difficulty walking and his cancer had returned. He just couldn't take care of himself anymore, let alone care for his wife. The parish nurse helped him look into care facilities that were near his daughter and that had assisted living for him and also a living area for his wife. A facility was found that they both could be in the same building and just a floor apart! The move was made! He now can visit and dine with his wife regularly but does not have the responsibility of her daily care.
- 12/1/2016 During the last 6 months of 2016 the lead of the Network of Care has made a conscious effort to talk to parishioners about the joy of becoming a Friendly Visitor. 4 new Friendly Visitors were acquired during this period. This is wonderful news for 4 homebound parishioners who are lonely and in need of companionship and especially being able to receive Eucharist on a regular basis. After their training and beginning to make their visits, positive comments were received on what a wonderful ministry this is and how it is enriching their life by being there for others.
- 12/31/2016 12/17/16 The Network of Care Health Ministry gathered 52 parishioners at church to head out for the annual Christmas visits. 49 parishioners who are homebound or in care facilities were visited. They were brought, Eucharist, poinsettias, handmade Christmas cards, prayer books, bulletins, calendars, and also the gift of love and friendship! Those visited were so happy, and the parishioners making the visits felt the true meaning of Christmas!

2. Number of volunteers involved in ministry: 60

3. Total Contacts with members/nonmembers (number): Hospital: 15 Home Visits: 155 Nursing Homes: 110

Telephone: 438 Cards: 134 Friendly Visitor Visit 210 Shawl Ministry 4

Church: (includes BPs and programs) 195 Outreach: 342 Other Contacts: 821

List of Other Contacts: Church Presentation x600

Funerals x11

Mail Reading x104

MELP x15

Transportation (including MD and

Store) x101

Total of All Contacts: 2424

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4. Number of blood pressures taken: 136 Number of BP Referrals made: 17

5. Referrals made for all activities, including BP referrals:

To Physician: 11 To ERH Communities 0 To Community Agencies 2
To Parish Nurse: 7 To Clergy 4 Other: (Please specify below:) 0

6. Health Programs, Support Groups, etc., presented for the congregation: (# included in Item 3 above)

Date	Topic	# Attending	Comments
02/10/16	2/10/16 - Interfaith Health Network (IHN)	600	Presented to congregation on Saturday & Sunday about IHN Lenten Project.

7. Meetings:

Clergy: 4 Committees 9 Other: 4

List of other meetings:

Annual Prison Meeting x1
Holiday Visits Meeting x2
Matthew 25 Meeting x1

8. Other activities, such as bulletin boards, writing articles for newsletters, card racks, etc. Describe and attach copy if applicable. Include approximate number of people served for each activity.

Date:	Activity	Number Served
01/16	1/10/16 - Bulletin article - MELP is here to help you!	800
01/16	1/3/16 - Bulletin article "Thank you" to those who brought "Christ"mas to others	800
01/16	1/24/16 - Bulletin article - "Make 2016 Your Healthiest Year Yet!"	800
01/16	1/31/16 - Bulletin article - "Network of Care Lenten Drive for Homeless Families"	800
02/16	2/7/16 - Bulletin article - "Network of Care Lenten Drive for Homeless Families"	800
02/16	2/7/16 - Bulletin article - "Impact of High Blood Pressure on the Body"	800
03/16	3/6/16 - Bulletin article - "Bring Easter Joy to Others"	800
05/16	5/8/16 - "The Ugly Truth About Your Toothbrush"	800
05/16	5/8/16 - "How Great You Are"	800
06/16	6/19/16 - Bulletin article - "Dadisms"	800
07/16	7/3/16 - "Elder Abuse - Know the Signs"	800
07/16	7/10/16 - Bulletin article - "Your Parish is there for YOU!"	800

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07/16	7/17/16 - Bulletin Article - "Reflections on Mental Illness"	800
07/16	7/24/16 - Bulletin article - "Your Parish is there for YOU!"	800
07/16	7/31/16 - Bulletin Article - "Staying Safe in Hot Weather"	800
08/16	8/7/16 - Bulletin Article - "5 Surprising Facts about High Blood Pressure"	800
08/16	8/14/16 - Bulletin Article - "Love One Another as I have Loved You"	800
09/16	9/11/16 Bulletin Article - "Healthy Aging"	800
10/16	10/2/16 - Bulletin Article - "Breast Cancer"	800
11/16	11/6/16 - "Want to Avoid the Flu, Get Vaccinated"	800
12/16	12/18/16 - Bulletin Article - "Coping with Holiday Blues"	800
12/16	Backdoor Reading put in Church and Parish Office Restrooms and they are changed monthly. 100 served monthly.	1200

9. Include volunteer hours for all of the above activities

Hours worked by paid parish nurse(s): 0 Hours worked by volunteer nurse(s): 496

Other volunteer hours: 744

Miles Driven: 2326 Personal Expenses: \$135.00

10. Helpful resources, concerns, comments, recommendations:

- 10/31/2016 We lost a member of our Health Cabinet in September. She was also a dear friend and a great nurse. We will miss her greatly! The family asked for donations to be made to the Network of Care in her memory. A total of \$1,450 was donated!
- 12/31/2016 The Prison Ministry has been suspended due to lack of participation by the families of those being helped.
- 12/31/2016 The nurse and lead of the Network of Care continues to keep her nursing license current and attends educational offerings regularly to keep updated on issues that would pertain to the church congregation .
- 12/31/2016 We lost 2 mail readers for a blind couple this year. They were very faithful volunteers.
- 12/31/2016 It is always difficult to find volunteers for this ministry. My prayer for 2017: That we have more parishioners give a little time to the Network of Care!

Report submitted by: Roselyn Lindeman

Date: Jan-Dec, 2016